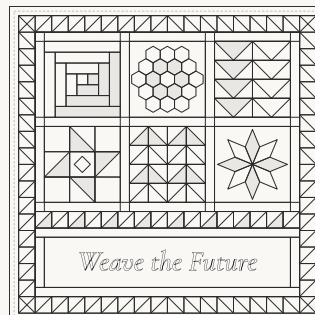




Organizational & Talent Design, Development and Transformation

COLORING PAGES



Thread Coloring Pages

Quilt-inspired designs for quiet reflection, one for each practice of The T.H.R.E.A.D. System™.

Dr. Leonie H. Mattison
FOUNDER, THE THREAD, LLC

A WELCOME NOTE FROM DR. LEE

Color your way into stillness.

Dear friend,

My grandmother in Jamaica taught through quilting. Her lesson still shapes this work: every pattern reveals its maker's history, and no piece of fabric is too broken to become part of something whole.

— ♦ —
Every pattern reveals its maker's history.
— ♦ —

Each design is drawn from a traditional quilt pattern and paired with one practice of The T.H.R.E.A.D. System™. The fine shading shows where the pattern lives; color over it, or choose your own. As you work, let the line at the bottom of the page settle in.

There is no wrong way to do this. Choose colors that feel like this season of your life, and enjoy the stillness.

Dr. Leonie H. Mattison

FOUNDER, THE THREAD, LLC · CREATOR OF THE T.H.R.E.A.D. SYSTEM™

INSIDE, YOU WILL FIND

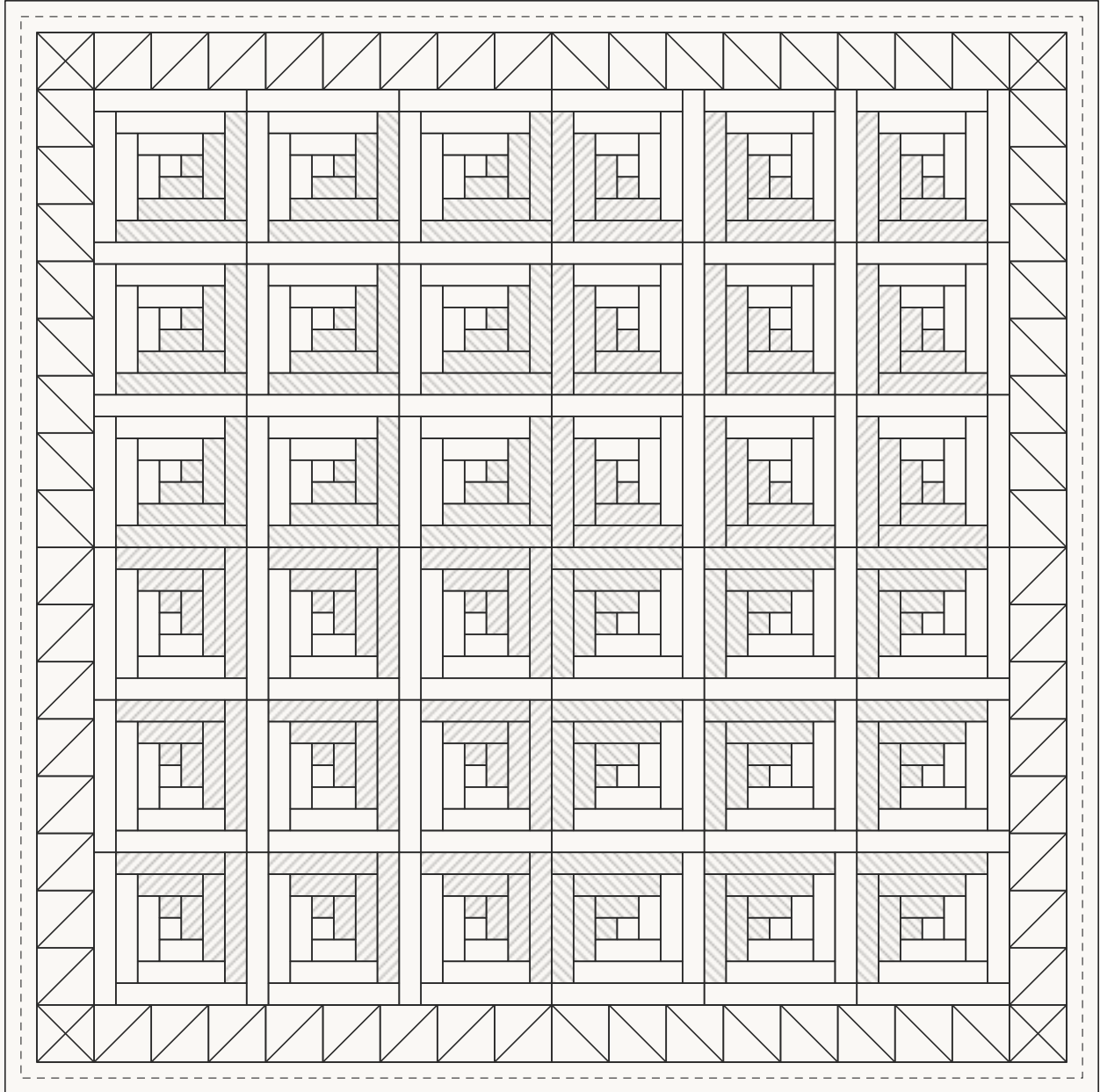
Six full quilt designs, one for each practice

A sampler of all six: Weave the Future

A short reflection line on every page

Best printed on heavy, bright white paper

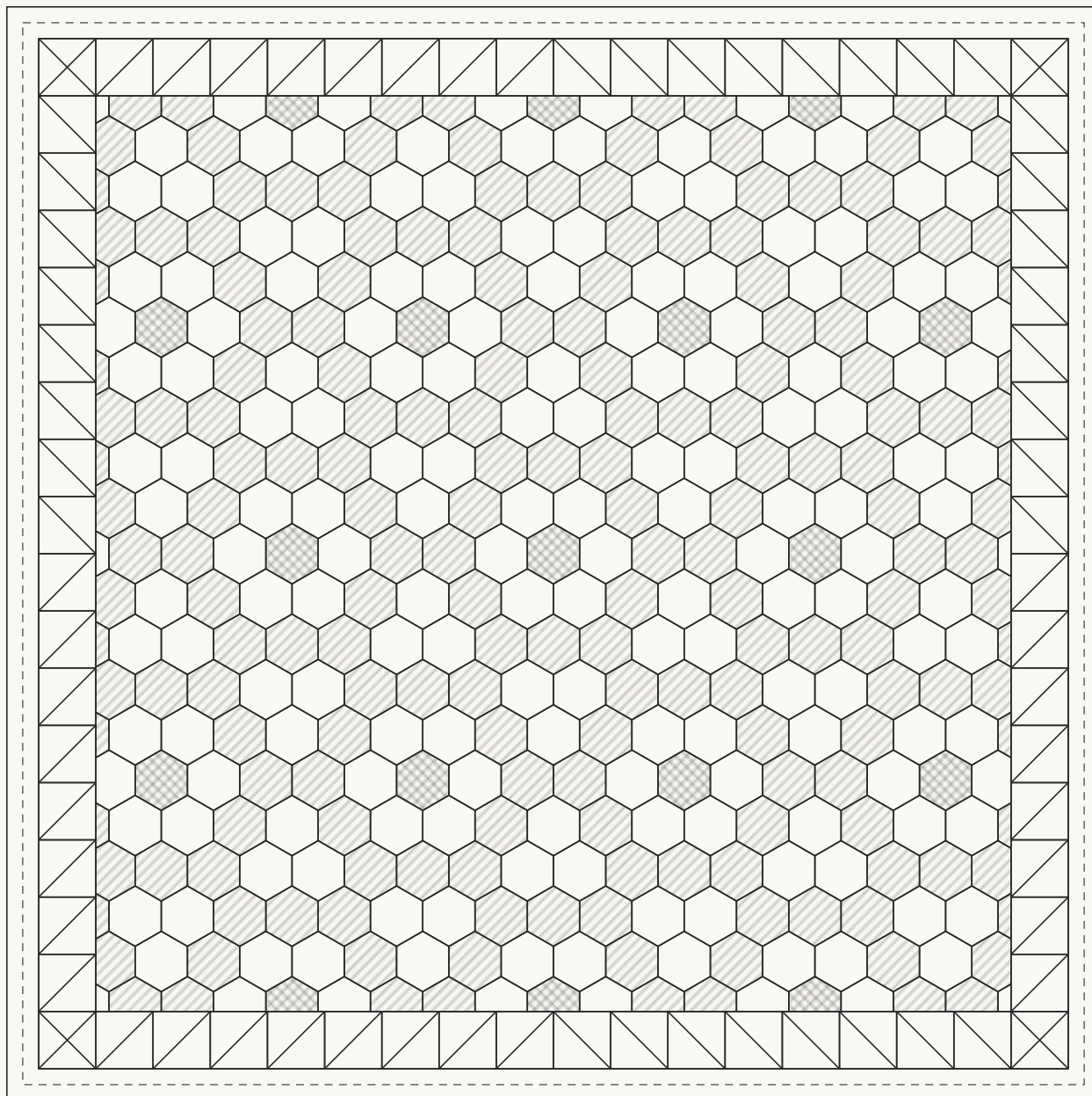
Think Deeply



T

I look beneath the first explanation.

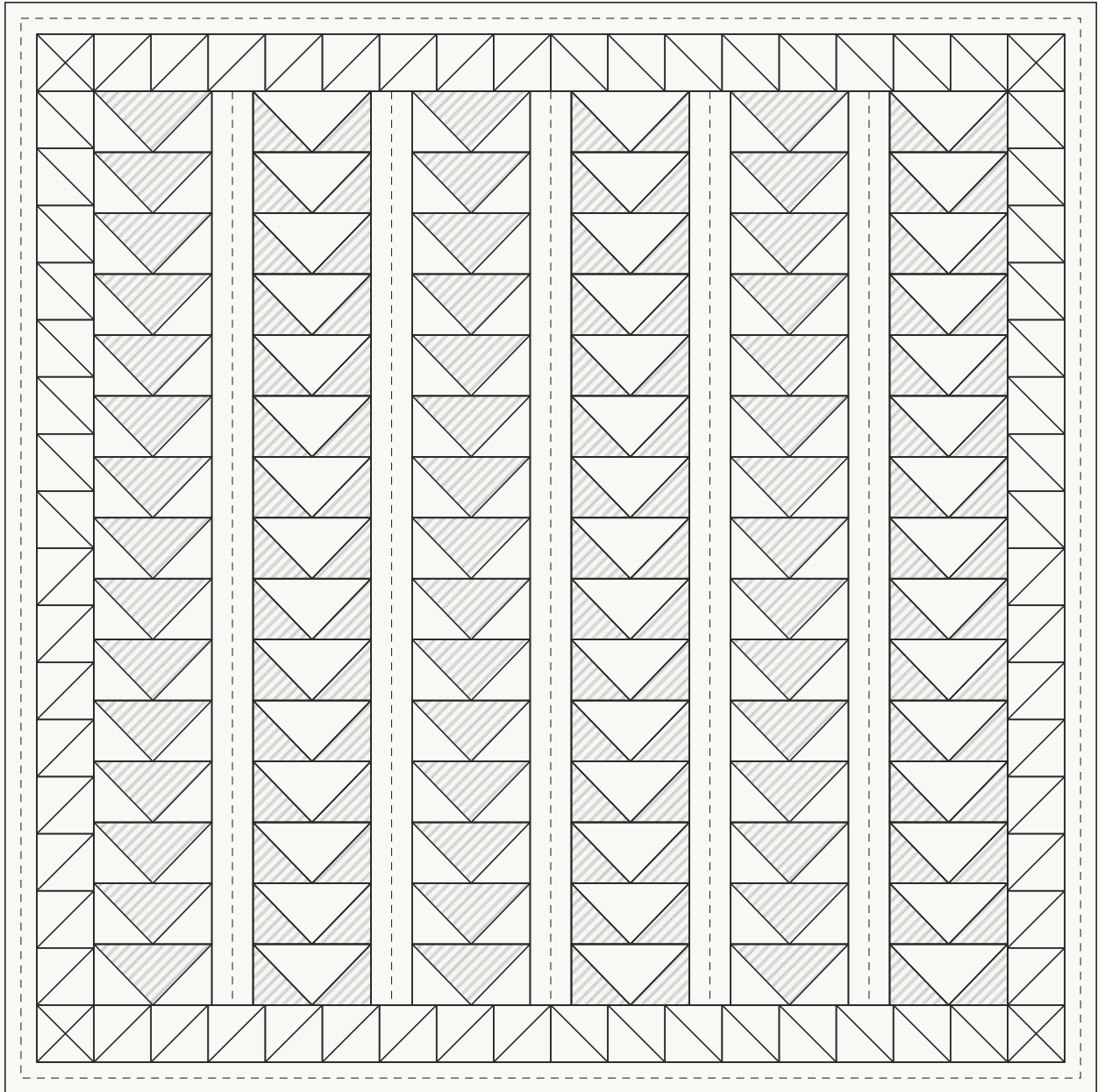
Harvest Wisdom



— H —

What I have lived can become wisdom.

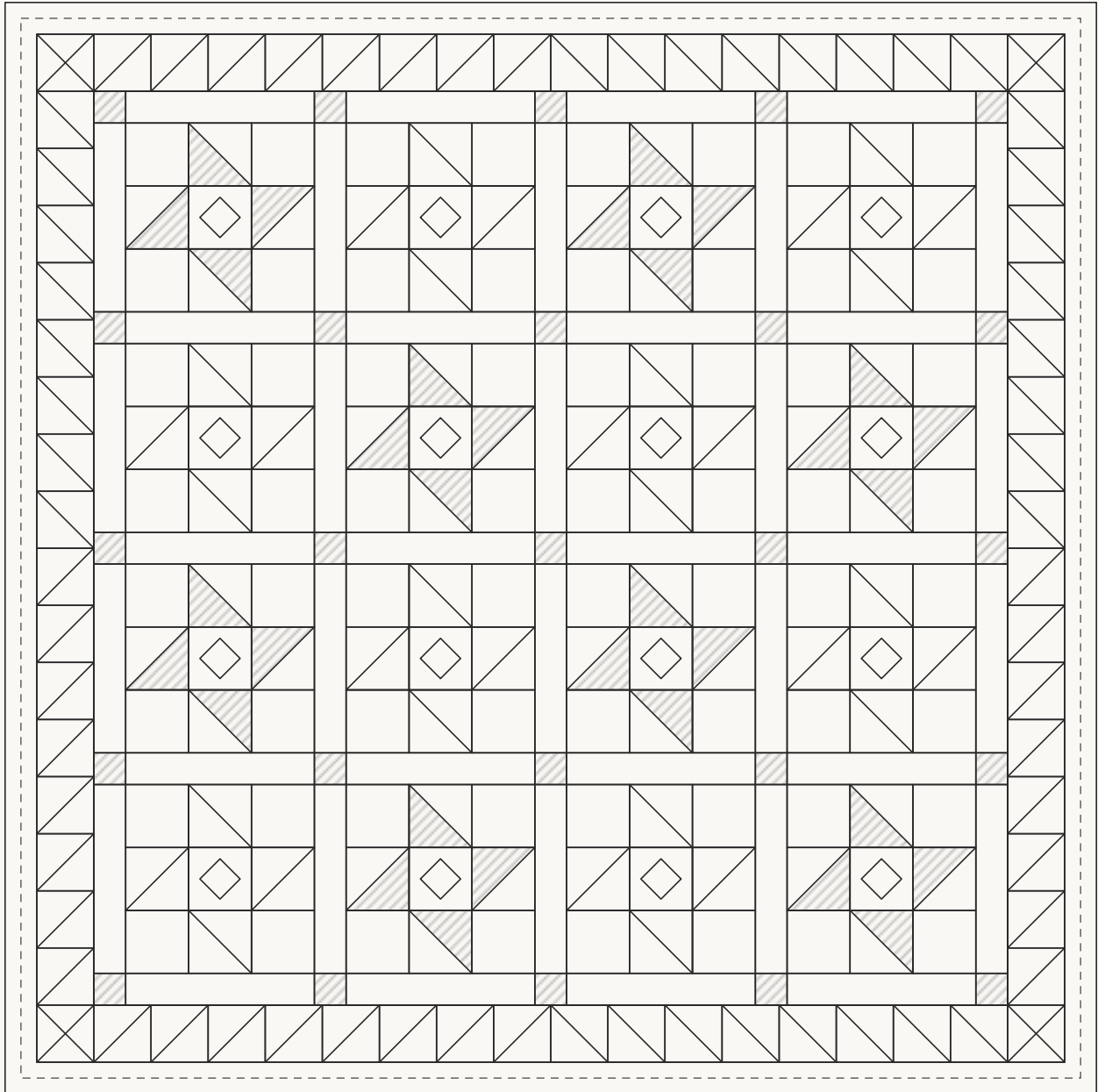
Release Patterns



— R —

I can honor what protected me, and let it go.

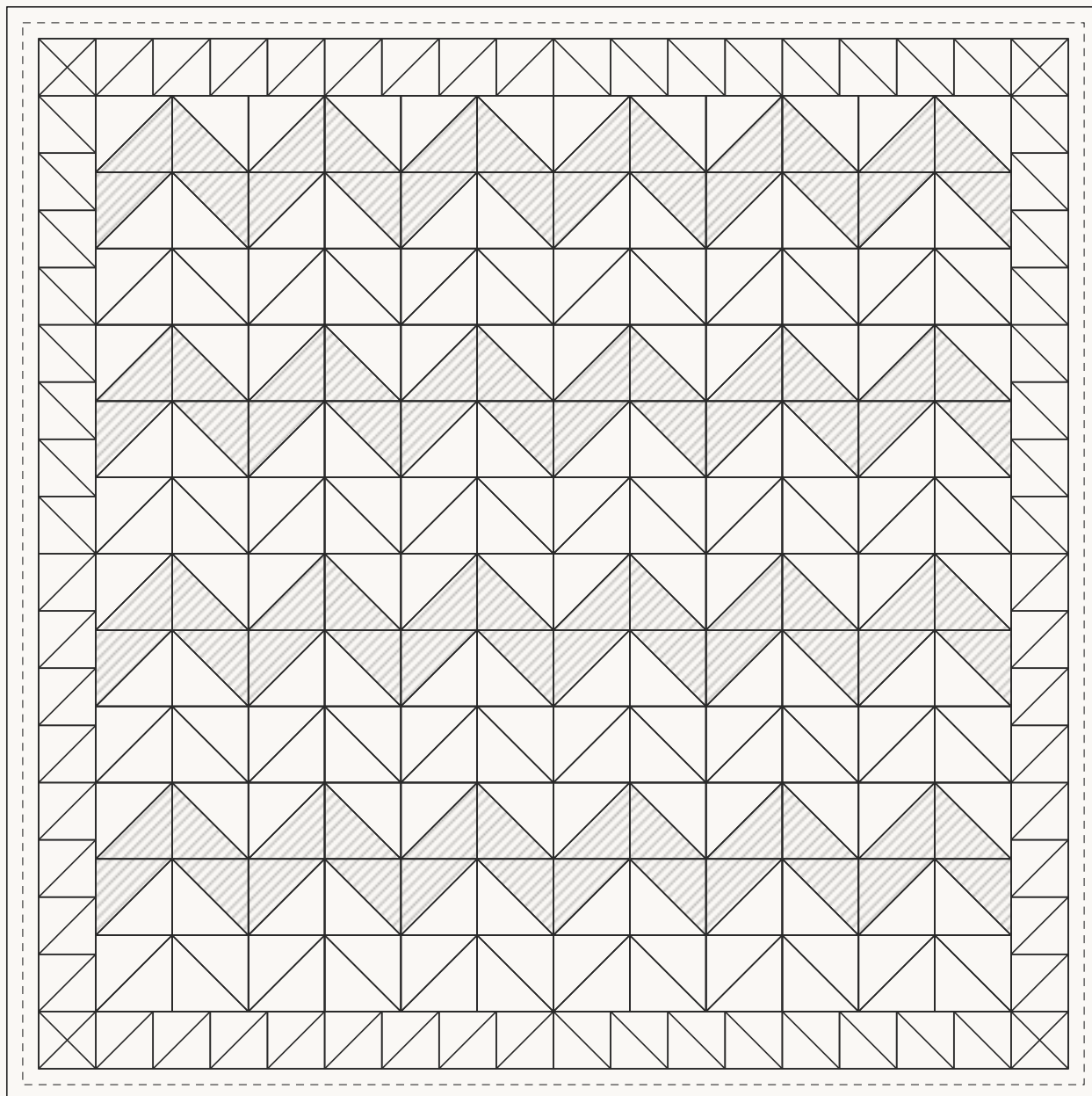
Enlist Allies



— E —

I do not have to carry this alone.

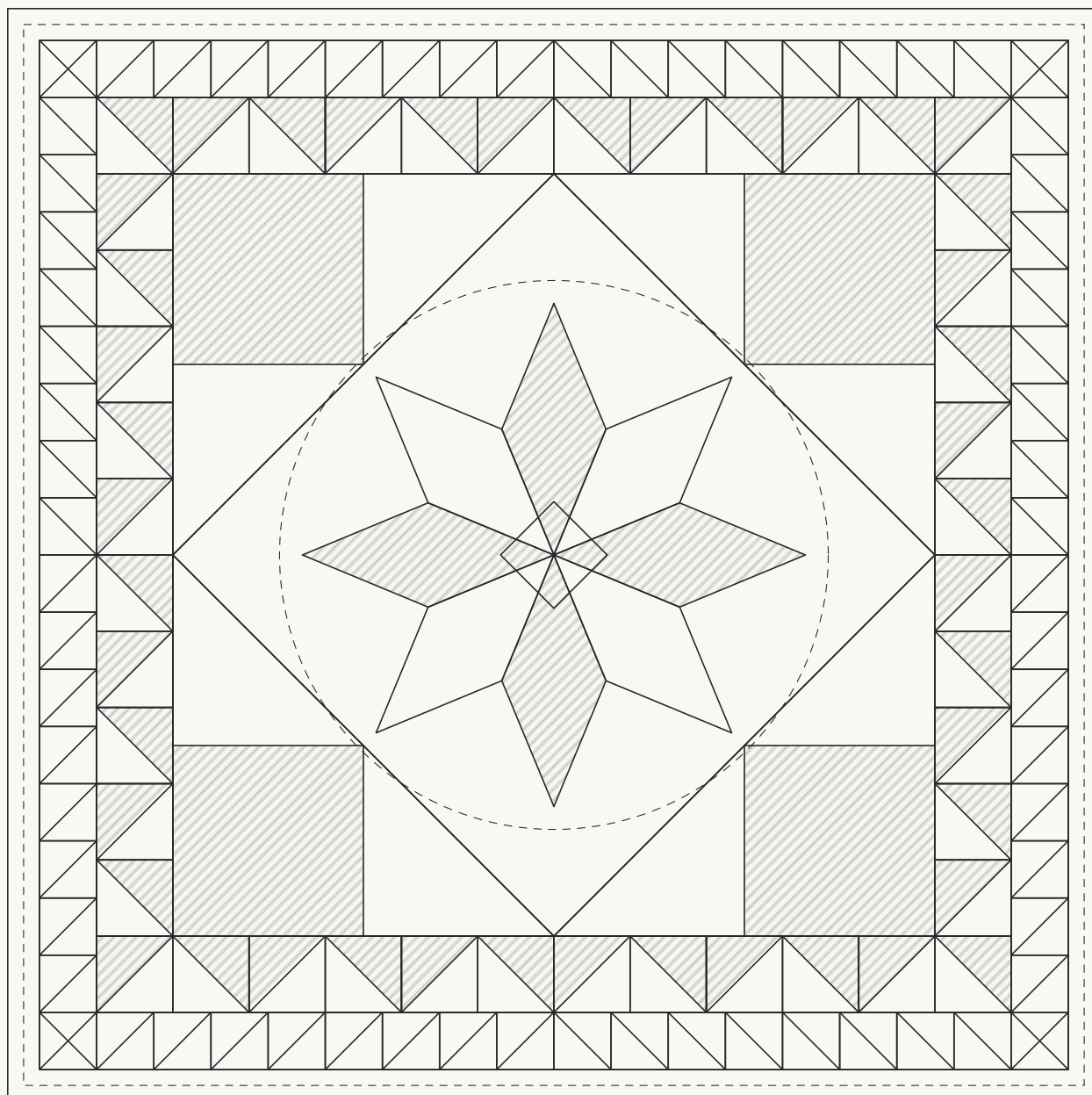
Adopt Change



A

I practice the new until it holds.

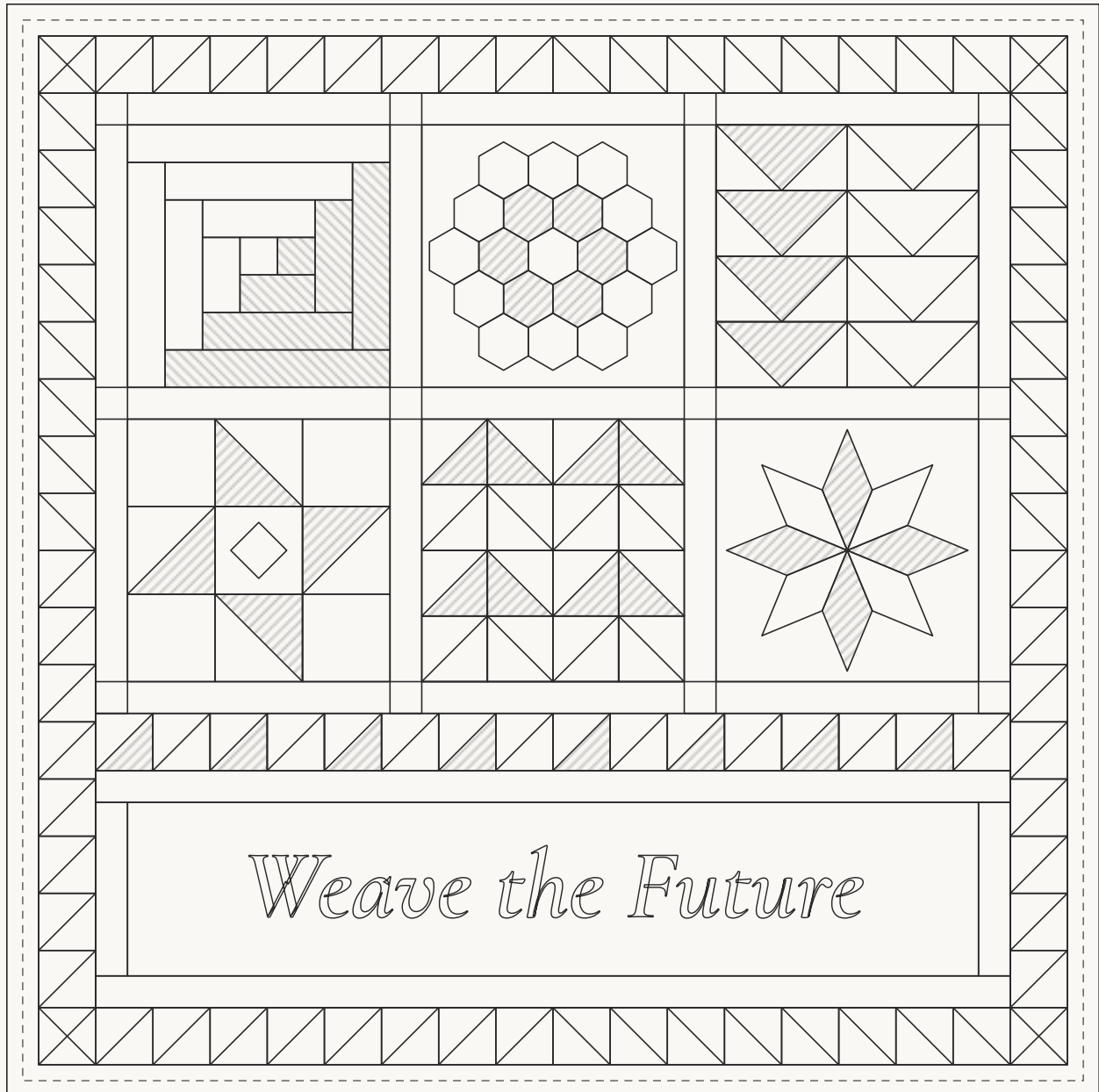
Design Wholeness



— D —

The pieces of my life can come together.

Weave the Future



See the pattern. Shift the story. Weave the future.